## AT-A-GLANCE





	Su	Мо	Tu	We	Th	Fr	Sa
8:30am	Hearts in Harmony Meditation	Soulful Gratitude	Chakra Reset	Rise and Shine Meditation	Hearts in Harmony Meditation	Chakra Reset	Rise and Shine Meditation
9:00am	Coast Ridge Hike	Coast Ridge Hike	Coast Ridge Hike	Coast Ridge Hike	Coast Ridge Hike	Coast Ridge Hike	Coast Ridge Hike
10:30am \$	Coldstream Bliss	Wild Apothecary Exploring the Wild Coast	Seaside Discovery Big Sur Bounty: Bath Botanica	Nature's Nectar: Honey Infusions Exploring the Wild Coast	Coldstream Bliss Big Sur Bounty: Bath Botanica	Nature's Nectar: Honey Infusions Seaside Discovery	Wild Apothecary
11:00am \$	Axe Throwing	Axe Throwing	Axe Throwing	Axe Throwing	Axe Throwing	Axe Throwing	Axe Throwing
11:30am \$	Perfectly Imperfect	Color Me Yours: A Couple Painting Creations	Perfectly Imperfect	Watercolor Wishes	Perfectly Imperfect	Watercolor Wishes	Color Me Yours: A Couple Painting Creations
12:00pm	Harvest & Share	Foragers Hike	Bees and Big Sur		Bees and Big Sur	Foragers Hike	
1:30pm \$	Big Sur Bounty: Bee Inspired Brushes, Beats & Bubbles Crafting Nature's Edge	Nature's Nectar: Honey Infusions Glow: Upcycled Candlemaking Words in the Wilderness Mastering the Blade	Leathercrafting Revival: Jeweiry Making Cove Cocktails Garden Alchemy: Teas & Tinctures	Earth & Essence: Cold Process Soapmaking Glow: Upcycled Candlemaking Into the Wilderness Falconry	Leathercrafting Color Me Yours: A Couple Painting Creations Cove Cocktails The Woodland Still: The Art of Hydrosols	Earth & Essence: Cold Process Soapmaking Glow: Upcycled Candlemaking Crafting Nature's Edge Words in the Wilderness Falconry	Big Sur Bounty: Bath Botanica Perfectly Imperfect Mastering the Blade
3:00pm	Redwood Hike	Redwood Hike	Redwood Hike	Redwood Hike	Redwood Hike	Redwood Hike	Redwood Hike
4:00pm \$	Horizons in Focus: Photography Experience	Happy Hatchets Macrame & Cabernet	Botanical Pours Brushes, Beats & Bubbles	Happy Hatchets Macrame & Cabernet	Botanical Pours Brushes, Beats & Bubbles	Happy Hatchets Horizons in Focus: Photography Experience	Botanical Pours
5:30pm	Sundown Sessions: Music & the West Coast Spirit	Sundown Sessions: Music & the West Coast Spirit	Sundown Sessions: Music & the West Coast Spirit	Sundown Sessions: Music & the West Coast Spirit	Sundown Sessions: Music & the West Coast Spirit	Sundown Sessions: Music & the West Coast Spirit	Sundown Sessions: Music & the West Coast Spirit

WHERE TO MEET: Morning Mindfulness Activities The Library | Coast Ridge, Foragers + Redwood Hikes Fitness Center | Sundown Sessions The Loft Harvest & Share, Bees and Big Sur + Wildcrafting The Library